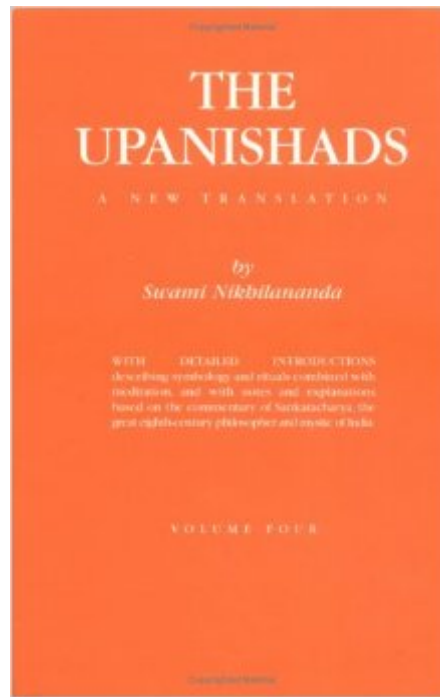


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The Upanishads : Volume IV



Synopsis

Swami Nikhilananda's English translation of two of the major Upanishads - Taittiriya and Chhandogya - offers a scholarly, yet readable version of these sacred texts of ancient India. The Upanishads form the foundation of the Hindu religion and describe the ultimate objective of life - the liberation of the soul from the bondage of the phenomenal world. Swami Nikhilananda's clear and insightful writing combined with notes and explanation based on the commentary of Sankaracharya, the great eighth-century philosopher and mystic of India, will help the spiritual seeker delve into the meaning of these spiritual treasures. This fourth volume also contains introductions to the two Upanishads describing rituals and contemplative worship as steps leading to the knowledge of God

Book Information

Hardcover: 406 pages

Publisher: Ramakrishna Vivekanada Center (January 1994)

Language: English

ISBN-10: 0911206183

ISBN-13: 978-0911206180

Product Dimensions: 1.5 x 5.8 x 8.8 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (4 customer reviews)

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